

# THE VINTAGE

LISBON

RELAX. REFRESH. RECHARGE.

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LISBON

WE ARE HERE TO HELP  
YOU RELAX, OR TO  
HELP YOU RECHARGE,  
IT IS UP TO YOU...

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## WELLNESS THERAPIES

Therapeutic massage	30 min   75 €
Deep tissue	50 min   110 €
Aromatherapy	50 min   100 €
Lymphatic drainage	60 min   105 €
Bamboo massage	50 min   110 €

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## HOLISTIC MESSAGES

Shiatsu	80 min   120 €
Tuina	80 min   120 €
Ayurvedic	80 min   120 €
Reflexology	40 min   85 €
Head massage	30 min   75 €

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## SIGNATURE TREATMENTS

Tranquility massage	50 min   100 €
Jet Lag massage	50 min   100 €
Neck & shoulders massage	30 min   65 €
Candle massage	60 min   110 €
Hot stones massage	60 min   110 €
Full body exfoliation	60 min   110 €
The Lumières Ritual	120 min   150 €

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## FACIAL RITUALS

Personalised facial	75 min   115 €
Essential facial	50 min   100 €
Anti-aging	50 min   100 €

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## BEAUTY MOMENTS

ON REQUEST

## PERSONAL TRAINER

ON REQUEST

Let us know if you would prefer to book an “out of hours” treatment and we will do our best to accommodate

All prices mentioned include VAT

## INFORMATION & BOOKINGS

### TRANQUILITY WATER LOUNGE

7 am — 8 pm

Pre-reservation required to access

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### SPA TIMETABLE

10 am — 8 pm

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### GYM

Open 24 hours for guests

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